

MARINES LEARNING MARTIAL ARTS

ARLINGTON, Va. - First the Marine Corps made **Chuck Norris** an "Honorary Marine." Now the Corps wants all Marines to follow in his footsteps.

All Marines must now qualify for their tan belt in the Corps' version of martial arts by the end of 2007, Corps Commandant Gen. James Conway said in a recent Corps-wide message.

The move mostly effects those who joined before 2001, when the service made the Marine Corps Martial Arts Program part of basic training and the Basic School, said 1st Lt. Brian P. Donnelly, a spokesman for Manpower and Reserve Affairs.

The Corps originally hoped to have all Marines earn their tan belt by the end of fiscal 2003 and then have Marines attain higher belts by the end of fiscal 2004.

Now the higher belts are no longer goals but requirements for Marines, Donnelly said.

"All infantrymen will be trained to green belt by the end of CY [calendar year] 2008," Conway said in the message. "All other combat arms Marines will be trained to gray belt by the end of CY 2008."

The changes apply to all Marines, including reservists, said retired LtCol. Joseph C Shusko, director of the Martial Arts Center of Excellence.

"A Marine is a Marine," he said.

The tan belt shows that Marines have mastered basic skills such as how to fall, move, throw punches, choke an opponent and counter someone coming at you, Shusko said.

The gray belt is the next step up and shows Marines have learned techniques such as lower-body strikes, chokes and how to get out of a headlock, he said.



MARINES PRACTICING KUNG-FU

The green belt is third in the series and shows Marines have learned skills such as how to rip muscle from bone, Shusko said.

The martial-arts training also teaches Marines how to hone their mental skills as warriors, Shusko said. This involves learning about other cultures such as the Spartans, Zulus and Apaches.

Another component of the training is character development, which ties the physical skills Marine learn with what they do as good citizens, he said.

Conway praised the character development aspect of the martial-arts training in the message.

"It has, at its center, the Marine Corps ethos that includes our core values of honor, courage, and commitment, as well as the legacy of selfless and honorable services passed from one generation of Marines to the next," Conway said.

The switch to mandatory martial arts training came after Training and Education Command recommended revamping the program as part of changes to Marine character training, Shusko said. Those changes include moving the climactic "Crucible" exercise — where Marines march about 40 miles over 54 hours with little food or sleep — to the end of basic training.

RETIREE/VETERANS SEMINAR SET FOR OCT. 20 AT WILLOW GROVE

The annual Willow Grove NAS retiree/veterans seminar will be held Oct. 20 from 9 a.m. to noon.

Representatives from VA, DFAS and military organizations will be present.

Deadline for registration is Oct. 20. Call the **Family Service Center** at 215-443-6033 or 6845 or contact **LtCol. David Manuel**, USMC (Ret.), at: **mandave@comcast.net** for more information.

COMMANDANT'S COLUMN

Marines,

Summer is finally over and it was a busy one indeed. Vacations, the National Convention in Albuquerque and surgery on my left knee made for an eventful summer. The knee is coming along but its never fun recuperating from surgery. I hope everyone had a great summer.



CENTRAL BUCKS
DETACHMENT, Inc. #636
P. O. Box 1372
Doylestown, PA 18901-1372
Meets
7:30 p.m.
2nd Wednesday of Month
American Legion Post 210
315 North Street, Doylestown, PA

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Jr. VICE COMMANDANT ELLIS M. (BUDD) PEARCE III, PC

> ADJUTANT GARY SMITH

PAYMASTER ROBERT J. CODY

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SERGEANT-AT-ARMS BOB SUNDLING, PC

MESS SERGEANT WIL HAAS

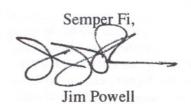
WEBMASTER JAMES E. PEARCE Now that fall is here, we have a few points of business to finish up. On Sept. 22 we will be participating in the annual Noxomixon Day celebration in Revere, PA. We will be performing Color Guard duties during the celebration and will man a table to try to get new members. I believe that this is the 2nd year in a row we have attended the celebration. Hopefully we get a good turn out.

Then, on Sunday, Oct. 21 All Divisions Detachment will be sponsoring the annual observance to honor those killed in the Marine Barrack bombing in Beirut, Lebanon in 1983. It will take place at Foglietta Plaza in Penns Landing in Philadelphia. It will begin at 10 a.m. I have attended the past two years and intend to be there again this year. The ceremony is fairly short and usually well attended by many Marine Corps League Detachments. I'm hoping that we can again display our colors at this ceremony. Please try to make time to attend and represent your detachment.

Next up would be the Marine Corps birthday ball. We touched on this during the September meeting and it seems that there was not much interest in the Detachment sponsoring a ball. We may try to incorporate something during the November meeting when we have our Young Marines in attendance. We'll formalize something at the October meeting.

Past Commandant Bill Miller has contacted the Montgomery County Detachment and they would welcome any Marine interested in attending their birthday ball. Bill is working on getting the Montgomery County Detachment's final plans and costs.

Please congratulate acting Paymaster Bill Mickelson on his becoming a Military Order of Devil Dogs PUP in the Albert E Smith Pound #179 on Sept. 16.



ONLY 5 ISSUES LEFT

LISTEN UP! Seeks Editor

Someone familiar with desktop publishing is needed to edit our Detachment newsletter. If you're interested in serving your Detachment as its P-R Officer, contact Commandant Jim Powell (215-862-6280) or Senior Vice Commandant Don Gee (215-822-6898).

SEPTEMBER DETACHMENT MEETING



The regular meeting of the Central Bucks Detachment #636, Inc., of the Marine Corps League of Pennsylvania, Inc., was held September 12, 2007, at the Albert E, Atkinson American Legion Post #210, 315 North St., Doylestown, PA.

There were 17 members present including all officers except the Paymaster and Quartermaster. Distinguished members in attendance included Past Commandants Don Gee, Budd Pearce, and Bob Sundling, Past Commandant & Assistant Southeast Division Vice Commandant Bill Miller and Past Commandant of the Department of New Jersey Ed Hoth.

Sick Call: Paymaster Bob Cody is still recuperating.

The Minutes of the August were unanimously accepted by the members.

The **Paymasters Report** was presented by **Acting Paymaster Bill Mickelson**. The report was unanimously accepted.

Visitor: Gerhard (Jerry) Smith, Major, USMC (Ret.), was a visitor at this month's meeting. Jerry plans to apply for membership at the October Meeting.

New Member: **Marine Ed Jasiewicz** of Yardley, PA, was unanimously accepted for regular membership.

OFFICER REPORTS

Commandant Jim Powell reported about the National Convention and about Peggy Sundling's contact with Mess Sergeant Wil Haas' pilot friend. He also reminded the members the Department Quarterly Staff & Member Meeting will be Oct. 19 & 20.

Senior Vice Commandant Don Gee, PC, reported the Detachment strength was reported at 51 members including 22 Life Members, 24 Regular Members, 4 Associate Members, and 1 Honorary Member. We have four members delinquent in their dues.

Junior Vice Commandant Budd Pearce, PC, asked the members to give him input about holding a Birthday Ball or joining with another Detachment to mark the Corps' birthday.

Adjutant Gary Smith reported he had received no communications from either the Department or National Headquarters since the last meeting.

Judge Advocate Bill Jerrom reported the Detachment had no legal problems.

Sergeant-at-Arms Bob Sundling, PC, reported the Detachment will be providing a Color Guard and manning a table at Nockamixon Community Day on Saturday, Sept. 22.

COMMITTEE REPORTS

YOUNG MARINES--Young Marines Liaison Bob Sundling reported the Young Marines unit attended the Aug. 30 "Evening Parade" at 8th & I Sts. in Washington and visited the White House. **PUBLIC RELATIONS--**The P-R Officer set Sept. 20 as the deadline for the October issue of *Listen Up!*

MARINE OF THE YEAR--Marine of the Year Committee Chair Budd Pearce reminded the members that nominations for Detachment "Marine of the Year" are due at the October Meeting. Nominations, including supporing documentaion, may be sent to Budd at 1811 Palomino Dr., Warrington, PA 18976-2147 or e-mail to: USMCCCA@aol.com.

NEW BUSINESS

A motion was made and unanimously passed to invite the Liberty Young Marines unit to the November meeting to celebrate the Marine Corps Birthday.

ANNOUNCEMENTS

Senior Vice Commandant Gee reported about the Department's award program for the "Toys for Tots" program.

Junior Vice Commandant Pearce reported legislation had been passed by Congress permitting veterans to salute the flag when not in uniform.

There being no further business, the meeting was closed until 7:30 p.m. on Wednesday, Oct. 10.

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CAMP LEJEUNE DRINKING WATER TAINTED

The Agency for Toxic Substances and Disease Registry has concluded in its analyses of the Tarawa Terrace drinking water system at Camp Lejeune, NC, that Marines and their families who lived in Tarawa Terrace family housing units during the period November 1957 through February 1987, received drinking water contaminated with tetrachloroethyleneor PCE.

The contaminated drinking water exceeded the U.S. Environmental Protection Agency's maximum contaminant level of five micrograms per liter; the maximum concentration of PCE in the Tarawa Terrace drinking water was estimated to be about 200 micrograms per liter.

ATSDR estimates as rnany as 75,000 former Tarawa Terrace residents lived in the family housing during the period November 1957 through February 1987. On average, families lived in base housing for two years.

PCE is widely used for dry cleaning of fabrics; clothes brought home from the dry cleaners release small amounts of PCE into the air. The PCE contamination occurred because the solvent leaked into the Tarawa Terrace drinking water system from an off-base dry cleaner. In 1987, the Tarawa Terrace water treatment plant was disconnected from the base's drinking water supply system because of contamination from the off-base dry cleaning establishment.

PCE is a volatile organic compound. The Department of Health and Human Services has determined that PCE may reasonably be anticipated to be a carcinogen. The analyses of the Tarawa Terrace drinking water system is part of ATSDR's epidemiological study of VOCs at Camp Lejeune.

The study will focus on babies born during the period 1968 to 1985 up to the time that they were one-year old.

ATSDR's study may provide evidence that exposure to VOC-contaminated drinking water may be related to specific birth defects and childhood cancers, such as spina bifida, anencephaly, cleft lip, cleft palate, leukemia and non-Hodgkin's lymphoma.

Former Camp Lejeune Marines and their families, who resided in family housing at the base, are encouraged to get routine physicals and monitor their health for any changes.

PCE has been found in at least 1 11 of the 1,430 National Priorities List sites identified by the EPA.

Exposure to PCE alone typically does not mean a person will experience adverse health effects. Numerous factors determine whether people experience adverse health effects due to chemical exposure such as dose, the duration of exposure, exposure to other chemicals in a lifetime, and overall state of health.

Some health studies of workers in occupational settings suggest they experienced adverse effects from high exposures to PCE, but the effects of consumers' exposure to drinking water contaminated with PCE are not known.

Former Camp Lejeune Marines and their families can find out the levels of PCE and PCE degradation byproducts in the drinking water serving their homes in Tarawa Terrace from 1951 to 1987 by visiting the ATSDR Web site at www.atsdr.cdc.gov/sites/lejeune and entering the dates they lived in Tarawa Terrace housing.

For more information about ATSDR's Tarawa Terrace drinking water system analyses and current epidemiologic study, interested individuals may also call 1-800-CDC-INFO.

Government Accountability Office Reports Findings Related to Past Drinking Water Contamination

The National Defense Authorizatron Act of Fiscal Year 2005 required the Government Accountability Office to report on past drinking water contamination and related health effects at Camp Lejeune.

In this report, GAO describes:

(1) efforts to identify and address the past contamination, (2) activities resulting from concerns about possible adverse health effects and government actions related to the past contamination and (3) the design of the current ATSDR study, including the study's population, time frame, selected health effects and the reasonableness of the projected completion date.

GAO reviewed documents, interviewed officials and former residents and contracted with the National Academy of Sciences to convene an expert panel to assess the design of the current ATSDR study. The 81-page report was released earlier this summer. You may download it at www.gao.gov/new.items/do7276.pdf.

GOODIES FOR THE TROOPS

Peggy Sundling, who continues to send "Goodies to the Troops," has provided a sampling of items which are needed for the shipments. She cautions, "NO CHOCOLATE!" Items include Moist Wipes--with or without aloe (some people are allergic); Beef Jerky/Slim Jim--very popular; Hard Candy--no lollipops; Lotions and Moisturizers; Lip Balm; Chewing Gum; Crackers/Snacks/Granola Bars--in individual packages for easy toting; Fruit Snacks/Raisins--in individual packages; Writing Tablets/Envelopes/Pens; Crossword Puzzles; Magazines--military, automotive, hunting, etc. (used, are fine); Drink Mixes--individual envelopes.

Thanks, Marines, for your continued support!

CONGRESSMAN SEEKS HELP FOR MARINE

WILLIAM D. DELAHUNT

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CO-CHAIR: CONGRESSIONAL COAST GUARO CAUCUS

September 12, 2007

7 OLDER AMERICANS CAUCUS

Dear Marine Corps League Member:

As you may know, since I last wrote to you, Sgt. Lawrence Hutchins, USMC, was convicted at his court martial on August 2 of murder arising out of combat operations in Iraq. On August 3, Sgt. Hutchins was sentenced to 15 years in prison.

At the same time, all of Sgt. Hutchins' co-defendants have now been released from custody on their convictions, which include, in some cases, conspiracy to murder and/or related charges pertaining to their participation in the killing, either as a result of their Court Martial or action by the Convening Authority, Lt. General James Mattis. All seven co-defendants, at the time of their release, had served 15 months or less, and the majority have received non-punitive discharges. (See Results of Trial posted on my Web site, http://www.house.gov/delahunt/hutchins.shtml.)

Sgt. Hutchins' case will now be reviewed by General Mattis. Under the Uniform Code of Military Justice (UCMJ), General Mattis may, at his discretion, grant clemency in whole or in part by vacating or reducing Sgt. Hutchins' conviction(s) and/or vacating or reducing his sentence. Under the UCMJ, any person may recommend clemency for Sgt. Hutchins. I have already done so, and wish to inform you that if you would like to also recommend clemency, you may write a letter to General Mattis, care of Sgt. Hutchins' attorney, Lt. Col. Joseph Smith. You may send all letters to Lt. Col. Smith at: 776 Midway Street, La Jolla, CA 92037, and he will then present them to General Mattis.

I want to thank all of you who have e-mailed me in support of Sgt. Hutchins, and ask that those of you who wish to recommend clemency now write a letter to General Mattis. As I have requested a meeting with General Mattis to discuss the grounds of clemency, I would ask any member of the Marine Corps League who writes a letter to please also send a copy to my Washington, D.C. office at the above address.

Thank you for your attention to this matter, and for your dedicated service to our country.

Respectfully,

William D. Delahunt

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SCHEDULE OF EVENTS

GOLD STAR MOTHERS DAY 30 SEPTEMBER

COLUMBUS DAY 8 OCTOBER

UNITED NATIONS DAY 24 OCTOBER

HALLOWEEN
31 OCTOBER

DAYLIGHT SAVING
TIME ENDS
4 NOVEMBER

MARINE CORPS
BIRTHDAY
10 NOVEMBER

DETACHMENT MEETING
14 NOVEMBER

THANKSGIVING 22 NOVEMBER

HANUKKAH 5 DECEMBER

PEARL HARBOR DAY
7 DECEMBER

DETACHMENT MEETING
12 DECEMBER

FIRST DAY OF WINTER
22 DECEMBER

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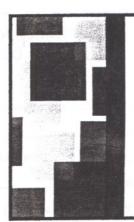
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IRIS P. GEE

DON H. GEE Vice President

HOW TO PROPERLY WEAR RIBBONS AND MEDALS

- * No pins, medals or any other devices shall be worn on the MCL Cover other than the EGA.
- * Either DOD or MCL ribbons to be worn oneeighth inch above the left breast pocket of white short sleeve aviator shirt. DO NOT INTER MIX!
- * Shooting badges will not be worn with MCL ribbons.
- * MCL Ribbons ONLY on the MCL Ceremonial Uniform (khaki shirt)). No DOD ribbons or Shooting Badges to be worn.
- * Miniature medals may be worn on the Blazer as part of the MCL Formal Uniform (tuxedo shirt, bow tie).
- * Large medals may be worn on the MCL Mess Jacket.



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USMOTRIVIA Folit å

- Which Marine Corps Commandant was nicknamed "Sunny Jim?"
- 2. What is the casualty radius of the M16A1 "Bouncing Betty" mine?
- 3. When is "Field Day" usually conducted on a Marine base?
- 4. What are the punitive articles under the UCMJ?
- 5. Who was the first Marine Major General?

 Answers in Next Month's Newsletter

ANSWERS TO LAST MONTH'S QUIZ

- 1. The casualty radius of the M16A1 Bouncing Betty mine is 27 meters.
- 2. A Summary Court-Martial is thre only one a Marine can refuse.
- 3. The color of TNT is pale yellow.
- 4. The IRAM is ther Marine Corps manual whixh contains guidelines for assigning pro & con marks.
- 5. "Sir," is what you call a 6'4", 240-pound Sergeant.



Application for Memberchin

	Marine Corps		
Marin right			(Date)
Name			
Street	City	27 37	State Zip
Date of Birth//	Date of Enlistme	ent/Commissioning	
Date of Discharge/Separation/Retir	ement	SSN_	
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year's membership (which includes	s subscription to MARINE CORP a U.S. Marine for more than 90 of Honorable Discharge. By signa	S LEAGUE MAGAZIN days, the character of n	ny service has been honorable and,
(Sponsor - where applicable)		(Applicant's Signature)	

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